



Osteoporosis and Bone Health Information Session

Have you been referred by a doctor or team looking after you?

Are you interested in finding out more about how you can reduce the risk of fractures or future fractures?

Do you want to check that you are doing the right thing?

Please join us to find out more

Monday 18 March 2024	10:00-11:30	Stenson Fields Community Centre - Merevale Way, Stenson Fields, DE24 3EL
Friday 17 May 2024	14:00-15:30	Ilkeston - Charnos Hall, Ilkeston Community Hospital, DE7 8LN
Monday 8 July 2024	11:00- 12:30	Hatton (Hilton/Tutbury) - Jubilee Hall (All Saints Church), Station Road, Hatton, DE65 5EL
Monday 16 Sept 2024	17:15-18:45	Ashbourne - St Oswald's Hospital, Clifton Road, DE6 1DR
Tuesday 12 Nov 2024	14:00-15:30	Duffield/Belper - The Weston Centre, Tamworth Street, DE56 4ER

Further sessions to be announced

Please contact 01332 787031 or email uhdb.bonehealth@nhs.net for more details or to register your interest (this is not required but will allow us to provide adequate refreshments).

All venues have wheelchair access and facilities.

We suggest you contact us if there are any specific requirements.

We suggest you call the day before the event to ensure there are no alterations

